



# Bella Italia

A fratello & sorella story

## STARTERS & SHARING PLATES

• Ideal For Sharing •

<b>Warm Baked Dough Balls</b>	€4.50
Freshly baked with flaked sea salt, fresh rosemary & olive oil, served with garlic butter	(V)
<b>Minestrone Soup *</b>	€5.00
Traditional savoury Italian soup with vegetables & pasta	(V)
<b>Antipasto Misto (Ideal for sharing) *</b>	€14.90
Selection of Italian charcuterie, mortadella, salami, olives, sundried tomatoes, fresh breads	
<b>Sicilian Style Prawns *</b>	€9.00
Sautéed in olive oil, chilli & garlic	
<b>Pane con Olives *</b>	€6.50
Warm toasted bread served with homemade hummus, mixed olives	(V)
<b>Homemade Soup of the Day</b>	€4.50
Please ask your server what delicious soup we are serving today	
<b>Funghi Arrosto *</b>	€8.50
Roasted mushrooms baked with mascarpone cheese, spinach & garlic Served with sour dough bread	(V)
<b>Warm Baked Brie* (ideal for sharing)</b>	€8.50
Baked in the oven in a terracotta dish, served with warm toasted breads and a homemade red onion relish	(V)
<b>Bruschetta al Pomodoro *</b>	€7.00
Marinated tomatoes on toasted sourdough bread, parmesan shavings and olive oil	(V)
<b>Brushcetta Formaggio *</b>	€7.95
Grilled goats cheese & roasted pepper	(V)

## SALADS

• Insalate •

<b>Classic Caesar Salad</b>	€9.00
Pancetta tossed with baby gem lettuce croutons parmesan & a classic creamy garlic dressing	
<b>Insalata Caprese con Rucola * (V)</b>	€9.00
Fresh mozzarella & vine tomatoes with rocket & a fresh pesto dressing	
<b>Bella Italia Super Healthy Salad * (V)</b>	€10.00
Delicious selection of fresh mixed leaves with seeds, beets, cherry tomatoes, roasted peppers & a tangy citrus dressing	
<b>Add any of the following to the above salads:</b>	
Add Tuscan chicken*	€2.50
Add Prawns*	€3.50
Add sautéed steak pieces*	€3.50
<b>Insalate di Pollo Toscana *</b>	€12.00
Marinated Irish chicken in Italian seasonings, served on a bed of mixed leaves with salad vegetables and a honey & mustard vinaigrette dressing	
<b>Honey Mustard Prawn Salad *</b>	€13.50
Avocado & rocket salad with sun dried tomatoes, cranberries & olives	
<b>Insalata Polpetta</b>	€9.95
Homemade meatballs baked in our pomodoro sauce, with melted mozzarella. Served with coleslaw, mixed salad & garlic bread	

'Fratello & sorella', that means brother and sister in Italian! We are the brother and sister team behind Bella Italia in business for over 25 years. Early inspiration came from our Dad, Hugh Snr, who had a treasure trove of favourite, secret recipes that were eagerly tried and tested at home. Inspired by this, Caroline went on to classically train as a chef in Sardinia where Italian food became her real passion. Caroline's daughter, Clara, is now an integral part of the latest chapter of the story regularly seen running front-of-house. In July 2017 we added the next chapter in our story, and opened a second unit in Castletroy.

Italian food starts with family and its simplicity allows quality ingredients to speak for themselves. We attribute the strength of our Bella Italia recipe to unfailing family and loyal customer support over the years.

All our fresh pasta and sauces are made in-house every day, the old fashioned way, with love and attention to detail. Simple ingredients creating beautiful authentic food. This is part of who we are and what we value.

From our family to yours, buon appetito! Grazie,

*Hugh & Caroline*

## SIDE ORDERS

• Contorni •

<b>Home Fries</b>	€4.50
<b>Chips</b>	€3.85
<b>Wedges</b>	€3.85
<b>Mixed Salad *</b>	€3.85
<b>Garlic Bread</b>	€2.00
<b>Garlic Bread with Cheese</b>	€3.00
<b>Garlic Pizza Bread</b>	€5.00
Rosemary, olive oil & garlic	
<b>Italian Bread Basket</b>	€3.50
with olive oil & balsamic vinegar dips	
<b>Homemade Hummus *</b>	€3.50
<b>Homemade Coleslaw *</b>	€2.50
<b>Sun Dried Tomatoes *</b>	€5.00
<b>Stuffed Green Olives *</b>	€4.00
<b>Stuffed Sweet Peppers *</b>	€4.00

## Take Bella Italia Home

• Portore Bella Italia a casa tua •

All of our delicious pasta (made in-house daily) and our most popular fresh pasta sauces are available from our deli and are suitable for home freezing. Perfect for when you want to experience truly authentic Italian food in the comfort of your own home! Please ask your server for more details.

We know that sometimes it's not always possible to finish your meal (delicious though it may be!). Please don't hesitate to ask your server to box up your leftovers to take home and enjoy later.

(V) Vegetarian

\*All items with an asterisk on this menu can be prepared gluten free on request.

Please advise of any food intolerances or allergies when placing your order.

Our staff are happy to assist you in your menu choice or with any queries you may have.



## MAIN COURSE

• Primi • Pastas •

- Pasta di Mare \*** €14.95  
Fresh tagliatelle with prawns in a tomato sauce with fresh herbs/or in a creamy sauce with fresh dill & wine
- Ravioli con Ricotta e Spinachi** €14.50 (V)  
Our home made ravioli stuffed with ricotta and spinach served with wilted spinach, roasted peppers & onion, choose either a creamy sauce or a tomato sauce
- Penne al Arrabbiata \*** €12.95  
Fresh penne pasta tossed in a spicy tomato sauce with Italian sausage, olives & sun dried tomatoes
- Tagliatelle Boscaiola \*** €12.95  
Homemade fresh tagliatelle with our signature sauce of tomatoes, smooth cream, chillies, pancetta & mushroom
- Tagliatelle Pollo e Funghi \*** €13.50  
Our fresh homemade tagliatelle with Irish chicken in a creamy sauce with mushrooms
- Tagliatelle Polpette** €12.95  
Our own fresh tagliatelle with meatballs in Bella Italia spicy Al Tiro sauce
- Conchiglie Primavera \*** €11.95 (V)  
Fresh homemade pasta shells with peppers, onions & mushrooms in Bella Italia spicy Al Tiro sauce
- Spaghetti Carbonara \*** €12.95  
Fresh spaghetti served with a classic Carbonara sauce of pancetta, parmesan, black pepper, cream & egg yolk
- Pasta di Vita \*** €13.50  
Tomato sauce, chicken, spinach, sautéed onion & peas
- Spaghetti Bolognese** €11.95  
Fresh homemade spaghetti with a rich, slow cooked Irish minced beef & tomato sauce
- Conchiglie Pesto e Pollo \*** €13.50  
Homemade al dente pasta shells with Irish chicken in a fragrant basil pesto with cream and parmesan
- Canelloni al Forno** €10.95  
Fresh pasta tubes filled with a savoury mix of Irish beef & vegetables, with rich tomato & béchamel, smothered with cheese and served with garlic bread
- Penne Pomodoro e Basilico \*** €12.50 (V)  
Fresh tomato, basil & pesto sauce, torn fresh mozzarella
- Penne Vegano \*** €12.50 (V)  
Our delicious homemade pomodoro sauce packed with delicious sautéed veggies
- Meatballs al Pomodoro** €12.95  
Fresh spaghetti & meatballs in a traditional tomato sauce

**Add chicken to any of our pasta dishes for:**  
Add chicken\* €2.50

## MAIN COURSES

• Primi •

- Sardinian Style Fish Stew \*** €16.50  
A delicious Medley of seasonal fish, prawns & mussels bound in a tomato marinara served with baby potatoes and green beans
- Grilled Italian Style Burger** €14.50  
Tender grilled Irish minced beef seasoned with Italian herbs and spices, served with fries and coleslaw. (20 mins wait time)
- Chicken Alla Crema \*** €15.95  
Irish chicken in creamy sauce with garlic, white wine, herbs, spinach, vegetables, topped with a crispy parmesan crumb, baked potato & salad
- Lasagne al Forno** €10.95  
Fresh pasta layers oozing with rich Bolognese & béchamel sauce topped with cheese served with garlic bread

An amazing dining experience!

**Cook your selected steak on a hot lava stone right at your table!**

Steak stones are a unique, fun way of cooking a prime steak to your specific taste at your table. We have specially selected 21-day, dry aged Irish beef for a truly intense flavour and unmistakably tender steak

**Bella Italia's STEAK ON A STONE**

**10oz Prime Irish Fillet Steak on a sizzling hot stone** €27.95

This complete meal is accompanied by home-fried potatoes, crispy salad, garlic butter, peppercorn sauce & red onion relish

**8oz Prime Irish Rib Eye Steak** €15.50

This steak on a stone is served with chips and peppercorn sauce

## PIZZAS

All our pizzas are made fresh to order please allow a little time for preparation.

Extra toppings available please ask we will endeavour to accommodate you

- Margherita** €11.50 (V)  
The simple one, fresh tomato sauce topped with bubbling mozzarella
- Caprese Pizza** €13.50 (V)  
The al fresco one, fresh mozzarella, cherry tomatoes and basil oil
- Pizza Carbonara** €13.50  
Our delicious carbonara sauce, on a pizza! with pancetta and topped with mozzarella and parmesan
- Mafia** €13.50  
Traditional tomato sauce with chicken marinated in Tuscan spices, chillies, peppers, & sun dried tomatoes – pizza with a punch!
- Napoli** €13.50  
The Southern one – topped with tomato sauce pepperoni, mushrooms, onions & mozzarella
- Venezia** €15.00  
The Northern one – topped with tomato sauce, parmesan, prawns, mussels, rocket & mozzarella
- Il Padrino** €13.50  
The Godfather of pizzas, topped with, tomato sauce, our tasty meatballs, pepperoni, ham & mozzarella
- Siciliana** €13.50  
Fresh tomato sauce, topped with Parma ham, goats cheese, caramelised red onion, mozzarella & rocket straight from Sicily
- Quattro Formaggi** €14.00  
The cheesy one mozzarella, cheddar, goats cheese and parmesan and our tomato sauce
- Pizza Boscaiola** €13.50  
Our Bella Italia signature Boscaiola sauce a creamy, spicy tomato sauce, pancetta, mushrooms, parmesan & mozzarella
- Pizza Roma** €13.50  
The city one – fresh tomato sauce, topped with spicy Italian sausage pieces, olives, sun dried tomatoes, red onion & finished with mozzarella
- Pizza Rustica** €13.50  
The country one – fresh roasted vegetables, rocket, tomato & fresh mozzarella  
(Try it without the mozzarella for a tasty vegan pizza)
- Pizza Calzone** €12.50  
The folded over on, filled with sautéed onions mozzarella and ham. Served with a mixed salad

**WE OFFER A GLUTEN FRIENDLY PIZZA BASE**

FOR AN EXTRA €1.50 CHANGE YOUR PIZZA TO A GLUTEN FRIENDLY PIZZA BASE, JUST TELL YOUR SERVER. PLEASE NOTE OUR PIZZAS ARE BAKED IN THE SAME OVEN AS OUR NON-GLUTEN FRIENDLY PIZZAS AND ARE NOT SUITABLE FOR COELIACS WITH A HIGH SENSITIVITY TO GLUTEN.

